



PATH FOUNDATION

COMMUNITY REPORT 2023



Our First 10 Years

In 2023, the PATH Foundation celebrated 10 years of strengthening the health and vitality of Fauquier, Rappahannock, and Culpeper counties. Over the past decade, PATH has invested over \$84 million into our communities, thanks to our nonprofit partners who uplift those in need. Thank you for your continued support; we look forward to future accomplishments together!

2014

Awarded our first grant to the Northern Piedmont Community Foundation for \$100,000



Started the Make it Happen! grant program to fund innovative projects.

2016

\$370,000 for the Fauquier Free Clinic telehealth program for mental health services.



\$1M toward the Laurel Ridge Community College STEM-H Building, Hazel Hall, to provide state-of-the-art classrooms, laboratories, and equipment for the school.



PATH Volunteer Hub opened, along with our funding to open a local branch of the Center for Nonprofit Excellence, which offers support and education to organizations in our footprint.



Our summer intern program began in full force. Since then, PATH has hosted over 120 summer interns that engage with our community's nonprofit sector.

2018

New office space opened, with access to free meeting room space for community organizations.



2020

Rapid response grants to nonprofits facing increased needs from the community during the pandemic.

2021

PATH hosted two speaker events with authors Heather C. McGhee and Dr. Bruce Perry.

2022

\$15M grant from MacKenzie Scott.

2023

Celebrated our 10-year anniversary, with more than \$84 million invested to strengthen the health and vitality of our community.



About PATH



THE PATH FOUNDATION

is a philanthropic charitable foundation that supports Fauquier, Rappahannock, and Culpeper counties. Since 2014, we have invested over \$84 million in our community. Through grants, programs, and partnerships, we help provide resources to the organizations that align with our mission and values to serve our community.

CORE FOCUS AREAS

Grant recipients must align with one or more of our core focus areas: **Access to Health, Childhood Wellness, Mental Health, and Senior Services.**

OUR MISSION

The PATH Foundation strengthens the health and vitality of our community.



PATH FOUNDATION

PATH Resource Center

The PATH Resource Center began as a partnership with the Charlottesville-based Center for Nonprofit Excellence (CNE). Since then, the Resource Center grew to include the PATH Volunteer Hub, PATH Community Link and a Warrenton office for CNE. The PATH Foundation also operates community meeting rooms (available free-of-charge to nonprofits) and hosts the Fauquier Chamber of Commerce and Leadership Fauquier in our office space.



The PATH Volunteer Hub is home to LetsVolunteer.org, an online platform that connects local nonprofits with community members looking to volunteer their time. Today, more than 6,815 volunteers are registered on the platform. The Volunteer Hub also provides case-by-case assistance and advice on implementing volunteer programs. In addition, the Volunteer Hub spearheads an annual, community-wide month of service: Let's Volunteer Month.



PATH Community Link is a free, confidential resource that connects community members in need with organizations and services that can provide aid. You can call or email for personalized assistance or search the online database for services that help with needs such as food, transportation, translation, financial assistance, health care, case work, housing and more. **Se habla Español.**

(855) 495-LINK (5465)

pathcommunitylink.org or
communitylink@pathforyou.org



The **Center for Nonprofit Excellence** at the PATH Resource Center offers personalized tools, training, consulting, and resources to nonprofits in the Foundation footprint. With the goal of strengthening the impact of nonprofits in the community, the PATH Resource Center also offers classes, workshops, access to the Foundation Directory Online, and many more services.

Volunteer Spotlight

Anita Sutherland

Longtime Fauquier resident, Anita Sutherland (77), is not one to sit idly by. On the contrary, Anita has been an avid member of the PATH Resource Center's Volunteer Hub since her retirement:

"Once I retired, I wanted a routine and I decided that volunteering was something I needed to do. I thought, '[Volunteering is] a great reason to get up and get out of the house!'"

When the PATH Volunteer Hub launched in late 2016, Anita was among the first to utilize the platform to connect with local organizations, and quickly recognized the positive impacts it has on serving her community:

"My mother was in a nursing home. Once I realized these senior centers were on the site, I thought, 'This is wonderful, I can now do this for other people.' I sent notes and letters through the Volunteer Hub to seniors who don't receive many."

Anita feels as though there is something to gain from volunteer opportunities for everyone involved:

"I really like the feeling of volunteering... it really opens your heart. Even a smile from some of these older people is really heartwarming; they are so thankful for what [the volunteers] do. It feels great to make even a small difference in some of their lives. Volunteering really does something for your soul."

"Volunteering really does something for your soul."

"I was amazed by how many organizations [the PATH Volunteer Hub] had on the site. [The PATH Volunteer Hub] really opened up opportunities for me to not only connect with the school, church, and hospital communities, but a lot of communities I hadn't touched... the nursing homes and animal welfare groups."

Along with her experience volunteering at the Fauquier Free Clinic, Remington Community Garden, Encompass Community Supports, Fauquier SPCA—and the list goes on—through the Volunteer Hub, Anita realized her passion for volunteering at local senior centers.

Anita has only increased her volunteering over the years. Since retirement, Anita says she has been able to volunteer more consistently, at least

three days a week, and she enjoys when others do the same.

"I'm so pleased that the PATH Foundation has pulled the community together... from teens walking dogs for the SPCA to volunteers at Rainbow Therapeutic Riding Center. [PATH is] such a complete asset to the community."



Community Engagement

PATH Volunteer Hub Let's Volunteer Days & Season of Giving

Each holiday season, the PATH Volunteer Hub sponsors a Season of Giving where the public are encouraged to give back to their community through the many holiday volunteer opportunities found on the PATH Volunteer Hub. In 2023, we had 20 opportunities with over 50 volunteer responses!

During Global Volunteer Month in April, nonprofits applied for \$1,000 to complete an objective goal or project to help them better serve their community. This fund also created an opportunity for community members and families to volunteer for projects that suited their skills and interests through the PATH Volunteer Hub's webpage, letsvolunteer.org!

Piedmont Smiles

PATH supported the Fauquier Free Clinic through event planning, funding, and providing volunteers from the PATH Volunteer Hub during their Piedmont Smiles event!



PATH Intern Program

During the summer of 2023, PATH accepted a new class of 19 interns and placed them at various nonprofit organizations across Fauquier, Rappahannock, and Culpeper counties. This initiative highlights PATH's dedication to fostering community development, supporting local organizations, and providing young professionals with valuable work experience.

Give Local Piedmont

In May, the Northern Piedmont Community Foundation (NPCF) partnered with the PATH Foundation to host their annual Give Local Piedmont event. Give Local Piedmont is an opportunity for nonprofits serving the Piedmont region to raise funds and spread the word about their missions. In 2023, PATH awarded NPCF with \$130,000 toward Give Local Piedmont, benefiting participating nonprofits!

Ice Cream Pop Ups

Throughout the summer of 2023, PATH held 16 free ice cream truck pop up events for the community! We extend a special "thank you" to Big D's Ice Cream & Little Pop Ice Cream Truck for serving frozen, sweet treats to over 2,200 folks of all ages!



Spotlight

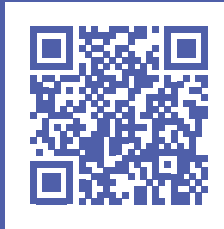
Youth Mental Health

In November 2023, PATH welcomed five participants from PBS's documentary, *Ken Burns presents Hiding in Plain Sight: Youth Mental Illness*, a film by Erik Ewers & Christopher Loren Ewers, to Warrenton for an open dialogue on youth mental health. The documentary film follows more than 20 young people, their loved ones, and medical professionals as they navigate their mental health. The participants' lived experiences shine a light on the pervasiveness of mental illness in young people: citing disorders, traumas, triumphs, and losses as means of trying to understand their mental health landscape in real time.

Following a short screening, the PATH Foundation was honored to have Maclayn Clark, accompanied by his loving mother, Mary, his licensed clinical mental health therapist, Kee Dunning, the esteemed board-certified child and adolescent & adult and forensic psychiatrist, Dr. Sarah Vinson, and the inspiring Makalynn Powell—all of whom were featured in the film. Led by PATH Foundation Director of Programs Andy Johnston, a lively discourse on mental wellbeing was exchanged between the panel and community members, offering an enriching forum where difficult conversations were had.

In response to the youth mental health crisis, exacerbated by the COVID-19 pandemic, PATH teamed up with 18 Virginia-based foundations that granted a total of \$170,000 to cover the cost of pediatric mental health training for primary care providers. The Virginia Mental Health Access Program (VMAP) coordinates intensive three-day interactive trainings using a model developed by the REACH Institute and adapted for

Virginia. As part of this effort, PATH also coordinated with a local pediatrician, Joshua Jakum, to develop a promotional video encouraging organizations serving children to enroll. Over 100 doctors, nurse practitioners, and physician assistants now treat their pediatric patients' mental health challenges with increased knowledge, skills, and confidence. This effort marks the first time this many Virginia funders have joined together to generate larger impact, boding well for future collaborative efforts.



In 2023, PATH also incentivized youth-serving organizations to enroll in Youth Mental Health First Aid Training, coordinated by the Mental Health Association of Fauquier County. Depending on the number of staff and/or volunteers trained, organizations received \$800, \$2,000, or \$4,000. Among the groups that embraced trainings this past year were Kettle Run High School, Highland School, Rappahannock County High School, and Northern Piedmont Sports Club.

The PATH Foundation understands how incredibly complex these conversations on mental health can be. By offering free opportunities for constructive conversations and the tools to handle youth mental health, we hope to encourage community members to embrace the discomfort and bridge the divide between a person's mental illness and the help they need. PATH is grateful to the filmmakers at PBS and the brave individuals from *Hiding in Plain Sight* for bringing that conversation into our homes, schools, the workplace, and our community. With the right tools at our disposal, we aim to support our youths' mental health journeys in any way we can!



Overview of Grants

PATH offers four different grant processes: Flexible Funding, Make it Happen!, Technical Assistance, and the Better Together Fund. Flexible Funding grants are offered twice each fiscal year, while Make it Happen! and Technical Assistance grants are accepted on a rolling basis.

Flexible Funding

Flexible Funding grants provide unrestricted general operating support to eligible 501(c)(3)s. Organizations may apply for funding to be used as needed toward a nonprofit's mission. Flexible Funding grants must align with at least one of PATH's four priorities: Access to Health, Childhood Wellness, Mental Health, and Senior Services.

Make it Happen!

Make it Happen! grants foster the can-do attitude of our region and promote creativity in our communities. By offering up to \$25,000 in funding, the goal of these grants is to provide a bright spot in the community through encouraging fresh ideas from new voices.

Technical Assistance

Technical Assistance grants help organizations operate effectively. Funds may be used to offset the costs of a consultant, tool, or training opportunity, enabling nonprofits to achieve their mission.

Better Together

Better Together funding supports nonprofit community events post-Covid. We provide up to \$2,500 to nonprofits to plan community-facing events. This funding opportunity was offered between April and August 2023.



2023 Grantees

Afro-American Historical Association of Fauquier County	Fauquier Community Child Care, Inc.	Learning Starts Early	Rooted In Education
Aging Together	Fauquier Community Coalition	Marshall Middle School	Rx Drug Access Partnership
American Red Cross of Central Virginia	Fauquier Community Theatre	Marshall Moving Forward	Serendipity Equines
Artists in Middleburg	Fauquier County 4-H	Master Gardener Assoc. of Fauquier & Rappahannock Counties	Services to Abused Families, Inc. (SAFE)
Boys & Girls Club of Fauquier	Fauquier County Government	Mid-Atlantic Food Resilience and Access Coalition (MAFRAC)	Sex, Drugs & God, Inc.
Brumfield Elementary	Fauquier County Public Schools	Minority and Veteran Farmers of the Piedmont	Spiritual Care Support Ministries
Bull Run Mountains Conservancy	Fauquier Education Farm	Morgan's Message, Inc.	SpiritWorks Foundation
Career Partners, Inc.	Fauquier FISH	Northern Piedmont Community Foundation	Sustainability Matters
CASA Children's Intervention Services, Inc.	Fauquier Free Clinic	People Helping People	Sustainable Agriculture and Food Systems Funders
Catholic Charities Diocese of Arlington	Fauquier Habitat for Humanity	Piedmont Dispute Resolution Center	The Arc of North Central VA
Community Development Redistribution (CDR) Resource Center	Fauquier Heritage & Preservation Foundation	Piedmont Environmental Council	The Bridge Community Church
Childhelp	Fauquier Historical Society	Piedmont Journalism Foundation	The Child Care & Learning Center
Community Foundation for Loudoun and Northern Fauquier Counties	Fauquier Youth Livestock Advisory Council	Piedmont Regional Dental Clinic	The Clifton Institute
Community Touch	Foothills Forum	Postpartum Support Virginia	The Free Clinic of Culpeper
Cornerstone Baptist Church	Foothills Housing Corporation	Rainbow Therapeutic Riding Center	The Plains Community League
Culpeper Baptist Church	Friends of the Rappahannock	Rapp Center for Education	The Plains Park Authority
Culpeper Community Development Corporation	George Washington Carver Agricultural Research Center	Rapp at Home	The Salvation Army
Culpeper County Government	Girls on the Run Piedmont	Rappahannock Benevolent Fund	The Warrenton Meeting Place
Culpeper County Public Schools	Goose Creek Association	Rappahannock County Broadband Authority	Town of Warrenton
Culpeper Literacy Council	Headwaters Foundation	Rappahannock County Public Schools	Verdun Adventure Bound, Inc.
Culpeper Winter Heat Shelter	Hero's Bridge	Rappahannock County Public Schools	Virginia College Advising Corps
Encompass Community Supports	Highland School	Rappahannock Pantry, Inc.	Virginia Health Care Foundation
ESL at Warrenton Baptist Church	Hope Heals Foundation	Rappahannock-Rapidan Regional Commission	Warrenton Police Department
Experience Old Town Warrenton	Hospice of the Piedmont	RCPS Parent Teacher Organization	Warrenton United Methodist Church
FamilyFutures	Hospice Support of Fauquier County	Remington United Methodist Church	Warrenton Youth Sports Club
Family Shelter Services, Inc.	Just Neighbors		Windmore Foundation for the Arts
	Kid Pan Alley		Windy Hill Foundation
	Laurel Ridge Community College		Youth For Tomorrow
	Leadership Fauquier		

Grant Highlights

The Plains Community League

In 2023, The Plains Community League accepted two grants totaling \$12,500: a \$10,000 Make it Happen! grant toward a summer camp for children of working adults; and Better Together funding of \$2,500 for A Day in The Plains, a community-facing event made possible by 50 nonprofits, businesses, and volunteers. This community effort culminated on the day of the event with live music, a horse-drawn carriage, face painting, free ice cream, hot dogs, and more!



Feed. Inspire. Support. Health. (FISH)

PATH granted FISH \$100,000 in Flexible Funding toward general operations and to feed food-insecure students through their Weekend Power Pack (WPP) program. Each WPP contains family-sized breakfast, lunch, dinner, snacks, and fresh fruit. During the 2022-23 school year, FISH fed over 450 children per week, distributing 15,354 bags, totaling over 93,000 pounds of food.

FISH also received \$2,500 for their Book Bags & School Supplies (BBSS) program, providing book bags filled with school supplies to children in need. In August 2023, over 1,100 backpacks containing school supplies were distributed to students during their distribution drive-through event.



Sustainability Matters

Sustainability Matters received a \$25,000 Make it Happen! grant and another \$25,000 in Flexible Funding to expand their programming and continue research and education on community recycling in partnership with the Mountain Vista Governor's School. Sustainability Matters also utilized funding to increase community engagement with initiatives such as Rappahannock County's Making Trash Bloom site—which has inspired the county to transition all 10 acres of the landfill to a native seed mix!

Career Partners, Inc.

In 2023, PATH awarded Career Partners with a \$25,000 Flexible Funding grant to continue three programs, including E-Squared (Entrepreneurial Energy)—a semester-long competition of Culpeper County students paired with business coaches. The 2023 winning team, LuxFind, introduced the LuxLight—a flashing LED beacon created to aid first responders in quickly locating a home. Career Partners also expanded programming through their English Language Learning (ELL) externship where ELL students were partnered with bilingual business owners who shared their business experience and advice with the students. Finally, Modeled after the High Quality Work Based Learning model, Career Partners' Mentoring Program was able to provide 140 hours of instruction through job shadowing and one-on-one mentoring, plus high school credits.



Grant Highlights

Local Journalism

In 2023, funds supported Foothills Forum in Rappahannock County, and the Piedmont Journalism Foundation in Fauquier. These funds supported their work on in-depth articles examining the post-Covid youth mental health crisis in the region, housing affordability and availability in the Piedmont, and other community concerns.

Rappahannock Food Pantry

In 2023, the Rappahannock Food Pantry received \$75,000 to continue reducing food insecurity in Rappahannock County. With a new build at Rush River Commons in Little Washington complete in 2024, the Rappahannock Food Pantry will dramatically increase in size with an expanded “store,” kitchen, walk-in freezer & fridge, meeting space, and copious amounts of storage.

George Washington Carver Agriculture Research Center

The George Washington Carver Agriculture Research Center received a total of \$175,000 from the PATH Foundation to build out the new Carver Food Enterprise Center (CFEC)—a 6,200 square foot shared commercial kitchen, food business incubator, and classroom. PATH matched a \$100,000 Growth & Opportunity (GO) Virginia grant to develop the new space, and granted another \$75,000 to continue operations, and introduce a program director position. The CFEC facility opened in September 2023 to growers, food business owners, entrepreneurs, and organizations. CFEC has since introduced two signature programs: the Stone Soup Job Training Program through which participants learn basic culinary skills from guest chefs and receive a ServSafe Food Handler certification; and the Feeding 500 program, which processes heavy produce harvests into nutritious, ready-to-serve meals for distribution at local food banks.





Culpeper Housing Efforts

Culpeper Housing and Shelter Services (CHASS) received \$80,000 in Flexible Funding grants to maintain operations at Ann Wingfield Commons, their 15-bed emergency homeless shelter; and in support of Parkside, a 37-unit low-income housing community that is currently under construction. CHASS helped to prevent homelessness in 2023 by rapidly rehousing and acquiring affordable housing options for individuals and families in the Culpeper area.

Habitat for Humanity of Culpeper County was awarded a \$50,000 Flexible Funding grant toward a new home for mother of five, Elizabeth. The 2,000 sq. ft. home is the largest built by Culpeper Habitat thanks to 8,200 volunteer hours provided by a majority of volunteers aged 60 or older. The family has since moved into their new home, and Elizabeth has found a new passion for affordable housing.

Fauquier Education Farm

The Fauquier Education Farm received \$75,000 for cold food storage and operating fund to continue growing and harvesting produce to donate to local food banks. In 2023, the Fauquier Education Farm donated 54 tons of produce! The Fauquier Education Farm does just that—educates the community on agriculture through best-method demonstrations, classroom instruction, on-farm workshops, and hands-on learning!

Financials

ASSETS

2023

2022

Current Assets

Cash	\$6,581,703	\$7,371,487
Prepaid expenses & other assets	\$1,395,013	\$1,402,982
Investments	\$233,827,374	\$202,234,443
Notes receivable	\$3,261,900	\$3,157,713
Property & equipment (net)	\$8,833,416	\$9,932,871

Total Assets

\$253,899,406

\$224,099,496

Liabilities

Accounts payable & accrued expenses	\$537,344	\$795,054
Grants payable	\$2,484,240	\$3,466,963
Deferred federal excise tax	\$562,597	\$500,000
Total liabilities	\$ 3,584,181	\$ 4,762,017

Net Assets

Without donor restrictions	\$249,531,770	\$218,522,297
With donor restrictions	\$783,455	\$815,182
Total net assets	\$250,315,225	\$219,337,479

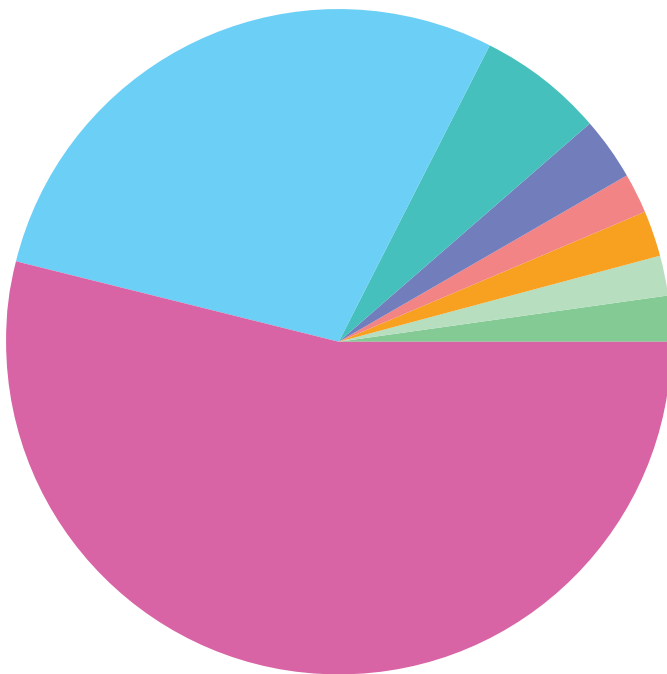
Total Liabilities & Net Assets

\$253,899,406

\$224,099,496

GIVING ALLOCATIONS & PROGRAMMING

\$11,360,580
TOTAL FISCAL YEAR 2023



Since 2014, PATH has
invested **over \$84M**
in our communities!

53% \$6,040,271

Health Priorities

Includes Access to Health, Childhood Wellness, Mental Health, & Senior Services

28% \$3,224,231

PATH Programming

Includes PATH Resource Center, Community Link, Volunteer Hub, & PATH Partnerships

6% \$695,134

Capacity Building

3% \$372,553

Other

Includes Discretionary Grants & Regional Population Health

3% \$356,094

Nonprofit Office Space

3% \$295,000

Community Engagement

2% \$198,007

Make it Happen!

2% \$179,290

Technical Assistance



PATH FOUNDATION

2023-2024 BOARD OF DIRECTORS

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